

Windermere Marathon 2010



Our three intrepid runners Michael Hill, Amy Sheridan-Garrity and William Jenkinson.

Sunday 16th May dawned overcast, cold and drizzly over Ambleside – perfect weather for running a marathon, but not so good for family, friends and spectators.



A hearty breakfast is not recommended if you are about to run 26.2 miles, so our three valiant runners made do with grapefruit juice and toast, while the support crew tucked into a full English!



With over 1000 competitors due to take part in the Brathay Windermere Marathon, we arrived early at race HQ Brathay Hall, to avoid the congestion.

Brathay Hall lies to the north of lake Windermere, and provides the most scenic setting imaginable for a marathon, and as start time drew near, the clouds gave way to patches of blue sky and sunshine, conditions that would suit both runners and spectators alike.

With all their training and preparation about to be tested, Amy, William and Michael assembled on the lawn with their families for pre-race photos, after which they joined the rest of the competitors on the start line of a race that proved to be as challenging as any marathon could be.

Set amidst some of the most beautiful countryside in the world, the course comprised a continuous series of energy sapping hills, yet after several gruelling hours all three of our intrepid runners achieved what they had pledged they would; they conquered the marathon distance!



This was Amy and William's first attempt at the marathon, but nothing could have fully prepare them for what they would have to endure, and it has to be said it was their dedication to the work of SPUC, and the promise they made to their sponsors, that carried them through to the finish.



There were tears of pain and joy as they were welcomed over the finish line by their loved ones, all so proud of what they had achieved.

Burgers, cream cakes, tea and beer rounded off what was a very memorable and successful sponsored event, and I can assure all of our sponsors that every penny pledged has been well earned.

